



1. Be _____.

Colossians 3:12--Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.

2. Be _____.

See Colossians 3:12.

2 Ways to Show Kindness	
1. Be _____:	If you care, you'll be _____.
<i>Romans 11:22--Consider the kindness of God...</i>	
2. Be _____:	If you care, you'll _____.

Galatians 5:22,23--But the fruit of the Spirit is...kindness...

3. Be _____.

See Colossians 3:12.

4. Be _____.

See Colossians 3:12.

Galatians 5:22,23--But the fruit of the Spirit is...gentleness...

5. Be _____.

See Colossians 3:12.

Proverbs 25:15--Through patience a ruler can be persuaded, and a gentle tongue can break a bone.

Proverbs 19:11--A man's wisdom gives him patience; it is to his glory to overlook an offense.

6. Be _____.

Colossians 3:13--Bear with each other and forgive whatever grievances you may have against one another. Forgive as the Lord forgave you.

7. Be _____.

Colossians 3:14--And over all these virtues put on love, which binds them all together in perfect unity.

8. Be a _____.

Colossians 3:15--Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful.

9. Be _____.

Colossians 3:15,16--Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful. Let the word of Christ dwell in you richly as you teach and admonish one another with all wisdom, and as you sing psalms, hymns and spiritual songs with gratitude in your hearts to God.

10. Be _____.

Colossians 3:17--And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.

..... **Small Group Discussion Questions:**

1. What are some ways we can bring life and joy to our spouse and not drain him or her of vitality?
2. Review the points and verses from this lesson. What personal application can you make from this teaching?
3. Which of these 10 marriage energizers hits home with you the most and why?
4. Re-visit Galatians 5:22,23 and compare it with Colossians 3:12-17.
5. Take some time right now to pray for the needs of those in your small group.