

The 8 Secrets of a Happy Life

Secret #4: Do the Right Thing

Pastor Rob Carlson • February 1, 2009 • Matthew 5:1-12

Matthew 5:1-12--Now when he saw the crowds, he went up on a mountainside and sat down. His disciples came to him, and he began to teach them saying: "Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they will be comforted. Blessed are the meek, for they will inherit the earth. Blessed are those who hunger and thirst for righteousness, for they will be filled. Blessed are the merciful, for they will be shown mercy. Blessed are the pure in heart, for they will see God. Blessed are the peacemakers, for they will be called sons of God. Blessed are those who are persecuted because of righteousness, for theirs is the kingdom of heaven. Blessed are you when people insult you, persecute you and falsely say all kinds of evil against you because of me. Rejoice and be glad, because great is your reward in heaven, for in the same way they persecuted the prophets who were before you."

- #1. _____ -- Blessed are the poor in spirit.
- #2. _____ -- Blessed are those who mourn.
- #3. _____ -- Blessed are the meek.

Secret #4: Do the Right Thing

1. It must be my _____.

2. It must be my _____.

3. It must be my _____.

3 Kinds of Righteousness

1. _____
See Romans 3:20-24; Isaiah 55:1,2; Haggai 1:5-7; Ecclesiastes 1:1ff; Jeremiah 2:13.

2. _____
See Ephesians 2:8-10; Philippians 2:12; 1 Thessalonians 4:3ff; Psalm 42:1-2; Psalm 63:1; Philippians 3:10.

3. _____

What was Jesus like?

- >> _____ Matthew 9:36
- >> _____ John 15:13
- >> _____ Philippians 2:6-8
- >> _____ Mark 1:35
- >> _____ Hebrews 5:8
- >> _____ Luke 23:34
- >> _____ Matthew 20:28
- >> _____ 1 Peter 2:22

Hebrews 12:1-3--Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us. Let us fix our eyes on Jesus, the author and perfecter of our faith, who for the joy set before him endured the cross, scorning its shame, and sat down at the right hand of the throne of God. Consider him who endured such opposition from sinful men, so that you will not grow weary and lose heart.

Small Group Discussion Questions:

1. Restate the 4th Beatitude in your own words. Work with your group to come up with a group paraphrase. Discuss what it means to hunger and thirst for righteousness?
2. Review the points and verses from this lesson. What personal application can you make from this teaching?
3. How do you focus your heart and life on becoming more like Jesus? What helps and encourages you to grow in Christ?
4. Take some time right now to pray for the needs of those in your small group.