



## 5 STEPS TO FIGHTING FEAR

1. \_\_\_\_\_ God's power and  
 \_\_\_\_\_ vs. 34-36

See also Philippians 4:8; Deuteronomy 6:4-12.

James 1:2--*Consider it pure joy... whenever you face trials... because... the testing of your faith develops... maturity.*

> Meditation: \_\_\_\_\_

2. \_\_\_\_\_ your uncompromising  
 \_\_\_\_\_ in God. vs. 37

Romans 8:15--*For you did not receive a spirit that makes you a slave again to fear, but you received the Spirit of Sonship*

> Satan's Strategy is \_\_\_\_\_.

> Meditation: \_\_\_\_\_

3. \_\_\_\_\_ that sometimes all we  
 have is the \_\_\_\_\_... but He is  
 \_\_\_\_\_ vs. 38-45

Proverbs 29:15--*Fear of man will prove to be a snare, but whoever trusts in the Lord is kept safe.*

Psalms 112:8--*His heart is secure, he will have no fear...*

See also 2 Corinthians 7:5; 1 John 4:18.

> Meditation: \_\_\_\_\_

4. \_\_\_\_\_ words of  
 \_\_\_\_\_ vs. 46-47

- Not positive \_\_\_\_\_ - manipulates \_\_\_\_\_.
- Not positive \_\_\_\_\_ - manipulates \_\_\_\_\_.
- But positive \_\_\_\_\_ - magnifies  
 \_\_\_\_\_ and minimizes \_\_\_\_\_.

> Meditation: \_\_\_\_\_

5. \_\_\_\_\_ to fear by  
 \_\_\_\_\_ it. vs. 48-51

See also Ephesians 6:10 and following.

> Meditation: \_\_\_\_\_

### Small Group Discussion Questions:

1. What do you fear?
2. Review the points and verses from this lesson. What personal application can you make from this teaching?
3. How do you deal with fear? How does God want us to deal with fear?
4. Take some time right now to pray for the needs of those in your small group.