

GETTING A GRIP

ON YOUR RELATIONSHIPS

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Five Benefits of Meaningful Relationships

1. _____ our _____.

See Luke 15.

"ONE ANOTHER"

- _____ one another.
- _____ one another.
- _____ one another.
- _____ one another.
- _____ one another.
- _____ one another.
- _____ one another.
- _____ one another.
- _____ one another.
- _____ one another.

2. Put an end to _____.

Genesis 2:16-23-- *And the LORD God commanded the man, "You are free to eat from any tree in the garden; 17 but you must not eat from the tree of the knowledge of good and evil, for when you eat of it you will surely die." The LORD God said, "It is not good for the man to be alone. I will make a helper suitable for him." Now the LORD God had formed out of the ground all the beasts of the field and all the birds of the air. He brought them to the man to see what he would name them; and whatever the man called each living creature, that was its name. So the man gave names to all the livestock, the birds of the air and all the beasts of the field. But for Adam no suitable helper was found. So the LORD God caused the man to fall into a deep sleep; and while he was sleeping, he took one of the man's ribs and closed up the place with flesh. Then the LORD God made a woman from the rib he had taken out of the man, and he brought her to the man. The man said, "This is now bone of my bones and flesh of my flesh; she shall be called 'woman,' for she was taken out of man."*

Psalms 133:1-- *How good and pleasant it is when brothers live together in unity!*
John 17:21-- *...that all of them may be one, Father, just as you are in me and I am in you...*

Quoted Scripture is from the New International Version unless otherwise noted.

3. _____ our _____.

Ecclesiastes 4:10-- *If one falls down, his friend can help him up. But pity the man who falls and has no one to help him up!*

4. _____ us _____.

Proverbs 11:14-- *For lack of guidance a nation falls, but many advisers make victory sure.*

5. Create _____.

Proverbs 27:17-- *As iron sharpens iron, so one man sharpens another.*

Small Group Discussion Questions

1. What causes people to "lose their grip" on their relationships?
2. Review the points and Bible verses from this lesson. What personal application can you make from this week's teaching?
3. How do you cultivate meaningful relationships?
4. Take some time right now to pray for the needs of those in your small group.