

GETTING A GRIP

ON YOUR SPIRITUAL LIFE

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February 5, 2006

Keys to Spiritual Victory

Psalm 44:7--...but you give us victory over our enemies, you put our adversaries to shame.

1. Make a _____.

See Luke 9:23-27, 57-62; 1 Corinthians 9:24-27.

CHAMPIONS ARE FUNDAMENTALLY SOUND

1. We are to train ourselves to be _____.
1 Timothy 4:7,8--...train yourself to be godly. For physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come.
2. _____ will train us in _____.
2 Timothy 3:16,17--All Scripture is God breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the man of God may be thoroughly equipped for every good work.
3. We train to receive an _____.
1 Corinthians 9:25--Everyone who competes in the games goes into strict training. They do it to get a crown that will not last; but we do it to get a crown that will last forever.

2 Peter 1:5-8--Make every effort to add to your faith goodness; and to goodness, knowledge; and to knowledge, self-control; and to self-control, perseverance; and to perseverance, godliness; and to godliness, brotherly kindness; and to brotherly kindness, love. For if you possess these qualities in increasing measure, they will keep you from being ineffective and unproductive in your knowledge of our Lord Jesus Christ.

2. Don't _____ your _____.

1 Peter 5:8--Be self-controlled and alert. Your enemy the devil prowls around like a roaring lion looking for someone to devour.

Quoted Scripture is from the New International Version unless otherwise noted.

See Ephesians 6:10-17.

- Belt of truth: Be _____.
- Breastplate of righteousness: Be _____.
- Feet fitted: Be _____.
- Shield of faith: Be _____.
- Helmet of salvation: Be _____.
- Sword of the Spirit: Be _____.

3. Overcome _____ and _____.

- Keep your _____ on the _____.
Philippians 3:12-14--Not that I have already obtained all this, or have already been made perfect, but I press on to take hold of that for which Christ Jesus took hold of me. Brothers, I do not consider myself yet to have taken hold of it. But one thing I do, Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.
- Never _____.
Acts 2:24--...I consider my life worth nothing to me, if only I may finish the race and complete the task the Lord Jesus has given me—the task of testifying to the gospel of God's grace.
- Remember your _____.
Philippians 3:10--I want to know Christ and the power of his resurrection and the fellowship of sharing in his sufferings, becoming like him... (See also Luke 10:38-42.)

4. Stick to the _____.

• _____

• _____

• _____

Small Group Discussion Questions

1. What would you say are the keys to spiritual victory?
2. Review the points and Bible verses from this lesson. What personal application can you make from this week's teaching?
3. What are common causes of spiritual defeat, and how have you overcome them?
4. Take some time right now to pray for the needs of those in your small group.