

GETTING A GRIP ON YOUR LIFE

Pastor Rob Carlson
January 1, 2006
Genesis 1:1-27

1. Put your life in _____.

Genesis 1:26
Then God said, "Let us make man in our image, in our likeness, and let them rule over the fish of the sea and the birds of the air..."

The Great Commandment
Matthew 22:37-40--**Love the Lord your God with all your heart** and with all your soul and with all your mind. This is the first and greatest commandment. And the second is like it: **Love your neighbor as yourself**. All the Law and the Prophets hang on these two commandments.

The Great Commission
Matthew 29:19-20-- Therefore **go and make disciples of all nations, baptizing them** in the name of the Father and of the Son and of the Holy Spirit, and **teaching them to obey** everything I have commanded you. And surely I am with you always, to the very end of the age.

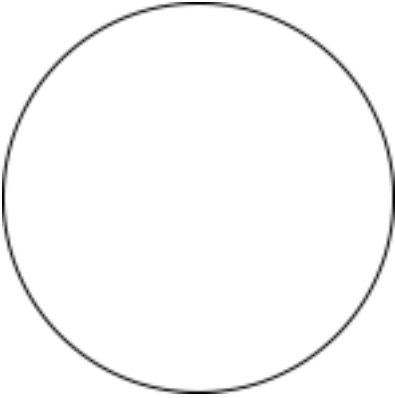
2. Live life on _____.

Luke 2:52
And Jesus grew in wisdom and stature, and in favor with God and men.

- wisdom _____
- strength _____
- favor with God _____
- favor with man _____

Quoted Scripture is from the New International Version unless otherwise noted.

LIFE DIAGRAM



Possible areas to include:

vocation	recreation
family life	hobbies
friendships	spiritual growth

3. Do the _____
for a long period of _____.

1 Corinthians 4:2 [ROB]
It is **required** of a **steward** to be **faithful**.

- required _____
- steward _____
- faithful _____

Assess your life...

My Schedule _____	My Spiritual Growth _____
My Physical Health _____	My Relationships _____
My Personal Finances _____	

Small Group Discussion Questions

1. How do you build margin, establish boundaries, and achieve balance in life?
2. When we slow down enough to really look at our lives, the chaos can feel overwhelming. So many things are out of control that we just don't know where to begin. Discuss.
3. Take time in the coming week to identify two—three at the most—areas in your life where you really desire to get a grip. Write them down.
4. Begin praying for God to help you look honestly at each of these areas, and for strength to begin reclaiming control in each area. Pray with your small group.